

CUTTING EDGE MARTIAL ARTS

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ADULT DAY		12:15-1:00 pm		12:15-1:00 pm		<i>Special Events/ Tournaments/ Fundraiser/ Seminars</i>
A+ AFTER SCHOOL PROGRAM	After School- 5:30 pm	After School- 5:30 pm	After School- 5:30 pm	After School- 5:30 pm	After School- 5:30 pm	
LITTLE NINJAS	5:45-6:15 pm 4-6 years	5:45-6:30 pm Mixed Age/Rank Family Class All Ages	5:00-5:30 pm 4-6 years	5:00-5:30 pm 4-6 years	5:00-5:45 pm Children's 4+ White-High Blue	
CHILDREN'S WHITE-GREEN	5:00-5:45 pm	5:00-5:45 pm Blue-UP	5:30-6:15 Children White-High Blue	6:15-7:00 pm White-High Blue	Demo Team/ Competition Team 5:45-6:45 pm	<i>Open Mats 9:00-10:00 am All ages/Ranks Welcome!</i>
CHILDREN'S BLUE-H. PURPLE			6:15-7:00 pm	5:30-6:15 pm Purple-UP		
CHILDREN'S PURPLE AND UP	6:15-7:00 pm			7:00-8:00 pm		
TEEN/ADULT TKD	7:00-8:00 pm	Teen/Adult (Advanced Children Welcome) 7:15-8:15		7:00-8:00 pm		<i>Birthday Parties 11:00 am- 4:00 pm</i>
SPECIALTY CLASSES/ PROGRAMS		Competition Weapons 6:30-7:15pm	Forms Review 6:15-7:00 pm Rec. Black/ Black Belts 7:00-8:00 pm		Intro Class 5:45-6:30 pm (In Studio)	

BACK STUDIO IN SLUGGER'S DEN

CHILDREN'S BRAZILIAN JIU JITSU FUNDAMENTALS	5:30-6:30 pm		5:30-6:30 pm		4:00-5:00 After School Program	
ADULT BRAZILIAN JIU JITSU FUNDAMENTALS	6:30-7:30 pm		6:30-7:30 pm			
DEFENSIVE HAP KI DO				6:00-7:00 pm		